

# Appetite: How to Foster Hunger & Wean Kids from Tube Feedings

Explore the science of appetite in young children and learn how to wean children from tube feedings. This course focuses on the research, practical strategies & the importance of appetite regulation to help children transition to oral feeds.

## Melanie's Co-Presenter

**Holly Knotowicz, M.S., CCC-SLP**, holds a Master of Science degree in Communication Sciences and Disorders from Nazareth College. She is a Speech Language Pathologist specializing in pediatric feeding with over 10 years of experience. Her areas of clinical interest include behavioral, oral motor and oral sensory feeding disorders, including mealtime dynamics. She specializes with working with children who have eosinophilic gastrointestinal diseases, including eosinophilic esophagitis and working with children who have food allergies, FPIES and neurogenic disorders. She is an active participant in research, has been published in Gastroenterology Journal and is an international speaker on feeding.

## Masterclass with Melanie Potock, MA, CCC-SLP

Coach Mel's Masterclasses are your opportunity to dive deep into a hot topic in pediatric feeding. More than just a PowerPoint presentation – this is online learning that takes it up a notch.

## What makes this masterclass experience so special?

- A live and dynamic learning experience
- Sessions are designed to be interactive and memorable, with a few creative twists along the way!
- Four hours packed with valuable content and smart strategies that you use immediately with your anxious eaters!

## What you will learn:

You will walk away with practical tips to help a child feel hungry (not hangry!) and learn the steps to weaning from tube feedings, including:

- Ten strategies to help drive hunger and support oral intake in children
- The role of appetite stimulants in tube weaning
- Prerequisites for tube weaning in the pediatric population
- Medical conditions and medications that influence appetite
- A review of research regarding appetite in young children

Principles will be demonstrated through live activities and videos, plus a case study!

## Who should attend?

Speech Language Pathologists, Occupational Therapists, Registered Dietitians, Pediatricians and other health professionals; Parents, teachers and family members of extreme picky eaters.

## Faculty Information and Disclosures

### Presenter Bio:

**Melanie Potock, MA, CCC-SLP**, is an international speaker on the topic of feeding babies to teens. She is the co-author of the award-winning [Raising a Healthy, Happy Eater](#) and author of the upcoming *Responsive Feeding* plus four more books for both parents & children. Melanie's advice has been shared in a variety of television and print media, including *The New York Times*, *The Wall Street Journal*, *Washington Post*, *CNN.com* and *Parents Magazine*. Contact her at [www.MelaniePotock.com](http://www.MelaniePotock.com)

### Disclosures:

**Financial:** Melanie Potock, MA, CCC-SLP is the author of *Adventures in Veggieland: Help Your Kids Learn to Love Vegetables with 100 Easy Activities and Recipes*. Ms. Potock is the co-author of *Raising a Healthy Happy Eater: A Stage-by-Stage Guide to Setting Your Child on the Path to Adventurous Eating*, for which she receives royalty payments. She is the co-author of *Baby Self-Feeding: Solid Food Solutions to Create Lifelong Healthy Eating Habits* and was paid to write the book but does not receive royalties. She is the author of *Happy Mealtimes with Happy Kids: How to Teach Your Child about the Joy of Food!*, for which she receives royalties. Melanie is the executive producer of the children's music CD titled *Dancing in the Kitchen* and profits from song purchases. Ms. Potock owns My Munch Bug, LLC and the online educational courses and profits from registrations online. Ms. Potock is an international speaker who presents a variety of courses and is paid to present these courses at various events. She owns a therapy practice for the assessment and treatment of feeding challenges in children and is paid for that service. She may receive a stipend for some articles that may appear online or in magazines.

**Non-financial:** Melanie Potock is a past-contributor to the American Speech Language Hearing Association's blog, *The ASHA Leader*, and she was not compensated. She may not receive a stipend for some articles that appear online or in magazines and this varies month to month, depending on media needs. She is the co-author of *Doctor Yum's Preschool Food Adventure*, a preschool food education curriculum and does not receive compensation for her role supporting that program.

### Presenter Bio:

**Holly Knotowicz, M.S., CCC-SLP**, holds a Master of Science degree in Communication Sciences and Disorders from Nazareth College. She is a Speech Language Pathologist specializing in pediatric feeding with over 10 years of experience. Her areas of clinical interest include behavioral, oral motor and oral sensory feeding disorders, including mealtime dynamics. She specializes with working with children who have eosinophilic gastrointestinal diseases, including eosinophilic esophagitis and working with children who have food allergies, FPIES and

neurogenic disorders. She is an active participant in research, has been published in Gastroenterology Journal and is an international speaker on feeding.

**Disclosures:**

**Non-Financial:** none

**Non-Financial:** Ms. Knotowicz has received a speaking fee for today's presentation.

## ASHA CEUs CEUs provided through TalkTools®.

This course is offered for 0.4 ASHA CEUs (Intermediate level, Professional area).



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**TalkTools**

Intermediate Level

0.4 ASHA CEUs